Essential Traitsof Millionaires

10 Point Checklist

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Want to gain as much knowledge as possible out of Marketing Speak?

Read on below for a **10 point checklist** that gives the next, real steps you can take to elevate your marketing to the next level.



HOSTED BY STEPHAN SPENCER



10 STEPS YOU CAN TAKE TODAY

Want to step up your marketing game? Here are 10 steps that can move you closer to your goals – today.

Keep an open mind about learning disabilities such as ADD and dyslexia, realizing that, from a different perspective, they are an asset, as a lot of millionaires have them.
Learn more about the nootropics like Alpha BRAIN, Qualia, and Genius Consciousness. Taking them helps my cognitive function, but I have to exercise caution and test them first.
Optimize my sleep and my brain health so I can make better decisions and be an overall better business owner.
Open up to new ways of doing business. Consider hiring virtual assistants and installing systems and tools to take over admin stuff. They make my work easier and lighter.
Know what's going on in the YouTube space and the younger market so I can infer what's going to be "in" five or ten years from now.
Research the Human Nucleus Program, which is a series of tests that look at the structure of my heart and brain, scanning for different forms of cancer.
Get involved with Human Longevity, Inc. and other health maintenance organizations so I can be proactive in diagnosing any diseases early.
Check out neurofeedback facilities and programs like Biocybernaut and Dave Asprey's 40 Years of Zen. Signing up for these programs will be a game-changer for me in terms of biohacking and activating my peak performance.
Check out Jaime's podcast, <u>Eventual Millionaire Podcast</u> , where she examines self-made millionaires' work habits to find the real secrets to their success.
Access <u>Jaime's module</u> on time audits and creating a master schedule to optimize yourself.